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## THE RITZ-CARLTON BAL HARBOUR, MIAMI INTRODUCES EXHALE SPA

*Exhale Joins The Ritz-Carlton Bal Harbour, Miami Family*

**BAL HARBOUR, MIAMI, FL – MARCH 2, 2015** – [The Ritz-Carlton Bal Harbour, Miami](#) is proud to announce the opening of exhale Bal Harbour, located within the 18-story luxury resort.

The stunning waterfront spa features 10 private therapy rooms as well as men's and women's sauna and steam rooms. Overlooking the Intracoastal Water Way, exhale Bal Harbour offers exhale's complete menu of award winning spa therapies including massage, facials, acupuncture, healing, waxing and nails.



Exhale Bal Harbour is the company's third location in the Miami area.

In April 2015, exhale Bal Harbour will open a 1,000 square foot mind body studio, featuring a serene waterfront terrace. The studio will offer exhale's signature Core Fusion and Yoga classes to hotel guests and locals like. Membership to exhale Bal Harbour includes access to the state of the art fitness center and beach.

To book your next class or spa therapy at exhale visit [www.exhalespa.com](http://www.exhalespa.com).

The Ritz-Carlton, Bal Harbour Miami is located at 10295 Collins Avenue, Bal Harbour, FL. For additional information, visit [www.ritzcarlton.com](http://www.ritzcarlton.com) or call 305.455.5400.

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### *About The Ritz-Carlton Bal Harbour, Miami*

The Ritz-Carlton Bal Harbour, Miami is a reserved, five acre property sitting in a private enclave. The 18 story hotel is located in the heart of Bal Harbour on Collins Avenue where the Atlantic meets the Intracoastal Waterway. The two story lobby offers a warm embrace of luxury and sophistication, featuring a visually stunning, multi-million dollar art collection. Guests are whisked up to their guest rooms in private elevators, with two accommodations per floor, ranging in size from 510 square feet to the 2,800-square foot presidential suite. The presidential suite boasts its own private movie theater, panoramic balconies, and an expansive shower room with floor to ceiling windows overlooking the Atlantic Ocean. Savor South Florida's finest flavors at Bistro Bal Harbour, the resort's fresh-from-the-sea to table dining experience. Sun chic is elevated to the next level with the hotel's 750-foot, semi-private golden sandy beach and European-edged outdoor swimming pool. For the ultimate escape, retreat to the row of private

cabanas complete with personal hot tubs enveloped in tropical flora. The stunning waterfront Exhale spa features 10 private therapy rooms as well as men's and women's sauna and steam rooms, offering Exhale's complete menu of award winning spa therapies including massage, facials, acupuncture, healing, waxing and nails.